

APRIL YOUNG, PhD, LPC, NCC

108 Grand View Drive
Mead, CO 80542
303-249-8228
april.young4@waldenu.edu

EDUCATIONAL HISTORY

Ph.D. 2008	Counselor Education and Supervision Emphasis: Marriage and Family Counseling (CACREP Accredited)	University of Northern Colorado
M.A. 2004	Community Counseling Emphasis: Marriage and Family Counseling (CACREP Accredited)	University of Northern Colorado
M.B.A. 1991	Business Administration Operations Management	Regis University
B.S. 1987	Business Administration Accounting	University of Northern Colorado

DISSERTATION TITLE

Mental health professional’s attitudes toward abusing partners: The relationship to gender of victim, type of abuse, and counselor self-efficacy.

PROFESSIONAL EMPLOYMENT HISTORY

2013 - Present	Walden University	Core Faculty – MS Mental Health Counseling Program
2008 - 2013	Argosy University	Assistant Professor and Director of Clinical Training of the Marriage and Family Therapy Programs
2007 - Present	Private Counseling Practice Integral Counseling Center	Licensed Professional Counselor
2003 - 2006	Arapahoe House, Comprehensive Alcohol, Drug and Behavioral Health Services Led the Family Education Program, individual and family counseling, in-take testing and assessment.	Counselor

OTHER EMPLOYMENT HISTORY

1995 - 2009	Brighton Recreation Center	Hatha Yoga Instructor
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Hatha yoga instructor

1997 - 2009 Private Practice Massage Therapist
Certified massage therapist, and Chinese medicine practitioner

1978 - 2003 International Business Process Owner
Machines Corporation
Team Leader, Import Compliance Department, work-load balancing, designed and published processes and quality control programs, ensured IBM's legal posture with US Customs Service, served as liaison between IBM corporate headquarters and US Customs officials.

1995 - 2001 Longmont YMCA Hatha Yoga Instructor
Hatha yoga instructor

AREAS OF SPECIALIZATION

Counselor Education, Counselor Supervision, Couples and Family Therapy, Individual Counseling, Greif Counseling, Trauma, Substance Abuse, Domestic Violence Therapy

PUBLICATIONS (JURIED)

Matise, M. & Young, A. (2013). The New Wave of Therapy. *The Journal of Contemporary Psychotherapy*. Volume 5, no1, Spring 2013.

Young, A., (in review). Counselors Attitudes Toward Intimate Partners Violence. *In Review – The Family Journal*.

Young, A., Senstock, T., Capps, J. Evans, J., (in review). Self-Efficacy in Career Options: Revisited. *In Review- Career Development Quarterly*

Stapleton, R., Young, A., & Senstock, T., (2nd Review). Coping Styles And Secondary Traumatic Stress In Direct Care Staff Working In Residential Treatment Centers. *In Review – Journal of Mental Health Counseling*

Publications (Non Juried)

During my terms as Newsletter Editor and President Elect, President, and Past-President I wrote articles for each quarterly edition of the Colorado Counseling Association's Newsletter such as: "News from the President's Corner", "Letter's From

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The Editor”, “What’s New and Exciting With The CCA”, “Where We’ve Been and Where We Are Going”, and “The Year in Review”.

Young, A., 08/12 Social Media and Romantic Relationships. Argosy Newsletter.

Young A., 10/10 Lessons Learned in Self Care. Colorado Counseling Association Quarterly Newsletter.

Young, A., 11/09 Newsflash! Professional Counselors Storm Capitol Hill in DC. Colorado Counseling Association Quarterly Newsletter.

Young, A., 08/08 Book Review: The Myth of Male Power, by Warren Farrell. Colorado Counseling Association Quarterly Newsletter.

PROFESSIONAL PRESENTATIONS (JURIED)

Senstock, T., **Young, A.**, (2013). Promotions and Tenure: How to Prepare and Succeed. *Annual Conference of the American Counselor Education and Supervision Association, Denver, Colorado.*

Senstock, T., Scott, S., **Young, A.**, (2013). Retention Strategies for Counselor Education Programs. *Annual Conference of the American Counselor Education and Supervision Association, Denver, Colorado.*

Young, A., & Rivas, B., (2013). Fostering Professional Identity and Counseling Efficacy in Classrooms and Supervision Processes. *Annual Conference of the Colorado Counseling Association, Denver, Colorado.*

Young, A., & Koval, S. (2013). Zoloft, Prozac, or Soup Kitchen: Is Prescribing Volunteer Services an Effective Prescription for Our Clients? *Annual Conference of the Colorado Counseling Association, Denver, Colorado.*

Senstock, T., & **Young, A.**, (2012). Transitioning into Blended Learning. *Annual Conference of the Rocky Mountain Association of Counselor Education and Supervision.*

Young, A., & Senstock, T., (2012). Challenges Facing Educators with Supervisors-in-Training in Clinical Training Courses. *The Annual Conference of the Rocky Mountain Association of Counselor Education and Supervision.*

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Edlredge, K., Sage, M., & **Young, A.**, (2012). The Impact of Trauma-Sensitive Supervision. *The Annual Conference of the Rocky Mountain Association of Counselor Education and Supervision*.

Young, A. (2010) Uncovering Myths About Domestic Violence. *Half-day workshop presented in Grand Junction, CO*.

Norem, K., Magnuson, S., & **Young, A.**, (2010). Leadership Training Workshop. *Half-day workshop presented as pre-conference workshop at the Annual Conference of the Colorado Counseling Association, Denver, Colorado*.

Cordeiro, J., & **Young, A.** (2010) Fare Thee Well: Counseling for Pet Bereavement. *The Annual Conference of the Colorado Counseling Association, Denver, Colorado*.

Houtz, C., & **Young, A.** (2010) Gangs in Colorado. *The Annual Conference of the Colorado Counseling Association, Denver, Colorado*.

Young, A., Evans, J., Capps, J., Martinez, L., O'Malley, D., Baldo, T., & Madani, Y. (2005). Self-Efficacy in Career Options: Revisited. *The Annual Conference of the Colorado Counseling Association, Longmont, Colorado*.

Young, A. (2008) Myths about Domestic Violence. *The Annual Conference of the Colorado Counseling Association, Estes Park, Colorado*.

Young, A. (2007) Using Labyrinths in Counseling. *The Annual Conference of the Colorado Counseling Association, Longmont, Colorado*.

Matise, M., & **Young, A.** (2006). The New Wave of Counseling: Quantum Psychology and Implications for Counselors. *The Annual Conference of the American Counseling Association, Montreal, Quebec, Canada*.

PROFESSIONAL CONSULTATION

- 2009 - 2012 CACREP – Co-wrote self study with Department Chair for the MA Clinical Mental Health Counseling & EdD Counselor Education and Supervision programs at Argosy University. Involved with site visit and attended CACREP professional training workshop.
- 2012 - Current Chapter Faculty Advisor – Omega Sigma Phi Chapter of Chi Sigma Iota – Argosy University.

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- 2011 - Current Faculty Committee Chair Argosy University's Graduate Counseling Program Research Club - The purpose of the club is to foster a collaborative community for graduate students who wish to engage in research and to provide students the opportunity to attain research experience in an informal setting. Students have the opportunity to assist professors with their research projects and find a research mentor.
- 2012 Volunteer – panel of reviewers for education session proposal for the RMACES 2012 Annual Conference
- 2010 - 2012 Volunteer – American Counseling Association panel of reviewers for the Education Sessions Proposals for the 2011, 2012 and 2013 Annual Conferences.
- 2009 - 2010 Volunteer – Served on the Department of Regulatory Agencies committee to develop the Continuing Competencies Program for Mental Health Professionals for the State of Colorado – implemented November 2011.
- 2009 - 2012 Attended American Counseling Association Leadership Training Conference – Lobbied with national association leaders on DC's Capitol Hill with State Representatives for various Counselors rights such as equal coverage for LPC's and LMFT's with Tricare and VA benefits.
- 2007 - 2011 Coordinated the design, implementation and management the Colorado Counseling Association Web-site
- 2006 - 2007 Awareness Journal - Ad-hoc Editorial Board Member
- 2005 - 2006 Interim Editor - Colorado School Counselor Association
- 2005 - 2011 Volunteer - Colorado Counseling Association's annual conference committee.

PROFESSIONAL ASSOCIATION PARTICIPATION

- 2003 - Present American Counseling Association (ACA)
- 2003 - Present Association for Counselor Education and Supervision (ACES)
- 2009 – Present American Mental Health Counselors Association (AMHCA)
- 2009 – Present Colorado Association for Marriage and Family Therapy (COAMFT)
- 2004 - Present American Association for Marriage and Family Therapy (AAMFT)

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- 2010 – Present International Association of Marriage and Family Counselors (IAMFC)
- 2003 - Present Colorado Counseling Association (CCA)
2005 - 2010 CCA Newsletter Editor, Media Chairperson – Website manager
2008 - 2009 President – Elect – Website manager
2009 - 2010 President – Website manager
2010 - 2011 Past-President – Website manager
- 2004 - Present Chi Sigma Iota (International Honors Society)
2004 - 2006 Chapter Treasurers
2006 - 2008 Chapter Presidents
2008 - Present Chapter Past-President
2012 - 2013 Faculty Advisors

TEACHING

Teaching Assistant

- 2008 - Present Argosy University (Denver)
Assistant Professor
Community Mental Health
Clinical Mental Health Counseling Practicum Seminar
Social & Cultural Diversity
Special Topics in Professional Counseling
Theories in Counseling
Theories in Marriage and Family Counseling
Human Growth and Development
Marriage and Family Practicum/Internship Supervisor
Doctorate Marriage and Family Internship
Doctorate Clinical Research Project
Doctorate Dissertation
- 2005 - 2008 University of Northern Colorado
Co-Instructor, Counselor Education and Supervision:
Theories of Counseling (Co-Instructor - Dr. Tracy Baldo)
Contemporary Issues in Family Therapy (Co-Instructor Dr. William Walsh)
Family Systems (Co-Instructor Dr. Lia Softas-Nall)
Practicum in Individual Counseling (four separate classes) (Co-Instructor Dr. Tracy Baldo, Dr. Bruce Rumsey)
Practicum in Family Therapy (three separate classes) (Co-Instructor Dr. Lia Softas-Nall, Dr. Ken Norem)

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DISSERTATION COMMITTEES

Student	Position	Graduation	Title
Stephen Parrish	Chair	5/13	The Father's Experience of Miscarriage: An Explanation of Resources Available for Assisting in the Father's Grief Process
Bita Ashouri Rivas	Chair	5/13	The Impact of the Supervisor's Education And License On The Professional Identity And Self-Efficacy Of The Post Graduate, Pre-Licensure Counselor in the Rocky Mountain Region
Richard Stapleton	Chair	5/12	Coping Styles and Secondary Traumatic Stress In Direct Care Staff Working In Residential Treatment Centers.
Candace Mclain-Tate Committee		12/11	Self-Reported Trauma Symptoms In Women Who Have Experienced A Neonatal Loss And Attachment To A Higher Power As A Resource.
Kristen Eldredge	Chair	8/12	The Impact Of Trauma-Sensitive Supervision On Counselor And Supervisor Self-Efficacy For Complex Trauma Counseling.
Ronald Benham	Committee	8/12	Relationships Between Emotional Intelligence, Conflict Style, and Life Satisfaction of Airline Pilots
Krista Speicher	Chair	8/12	Resiliency in At- Risk Adolescents and the Role of Non-Parent Adult Relationships

SUPERVISION FOR STATE LICENSURE

Lynda Kemp – Colorado Licensed Professional Counselor Candidate
Cindi Reib – Colorado Licensed Professional Counselor Candidate
Bita Rivas – Colorado Licensed Professional Counselor Candidate
Shoshanna Kozberg – Colorado Licensed Professional Counselor Candidate
Patricia Dunlap – Colorado Licensed Professional Counselor Candidate
Ronnie Vasquez – Colorado Licenced Marriage and Family Counselor Candidate

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Cassie Ryan – Colorado Licensed Marriage and Family Counselor Candidate

HONORS AND AWARDS

2012 – 2013	Outstanding Chapter Faculty Advisor Appreciation Award
2010 – 2011	Colorado Counseling Association Outstanding Member Award
2010 – 2011	President's Appreciation Award
2006 – 2007	Outstanding Doctoral Student in Counselor Education and Supervision